

BREAKFAST

FROM 9-12

HOMEMADE GRANOLA / 7

OUR FAMOUS HOMEMADE GRANOLA WITH GREEK YOGURT, PEAR AND SPICED APPLE BUTTER. 2, 6

ACAI SMOOTHIE BOWL / 11

TOPPED WITH FRESH FRUIT, COCONUT, MANGO COMPOTE AND GRANOLA. 2, 6, 7

POACHED EGGS / 7

TWO FREE RANGE POACHED EGGS ON SOURDOUGH TOAST. 2, 3, 4

AVOCADO TOAST / 10.5

OUR SUPER GREEN AVOCADO & PEA SMASH TOPPED WITH FREE RANGE POACHED EGGS, HOMEMADE PEANUT RAYU WATERCRESS & POMEGRANATE. 2, 3, 7, 8

BREAKFAST BAP / 11

ORGANIC CLONALLY FARM SAUSAGES, MAGUIRES SMOKED BLACK PUDDING, A FRIED EGG AND HOMEMADE CHILLI RELISH ON A WARM BAP. 2, 3, 10

-MAKE IT VEGGIE WITH TOONSBRIDGE HALLOUMI, AVOCADO SMASH, A FRIED EGG AND RELISH / 10 2, 3, 4, 10

BREAKFAST ADD ONS

TOONSBRIDGE HALLOUMI, SMOKED STREAKY BACON, CLONALLY FARM SAUSAGES / 3

MAGUIRES SMOKED BLACK PUDDING, AVOCADO SMASH / 2

LUNCH

AVAILABLE FROM 12PM

CHEESE & PICKLE BAGUETTE / 7.5

SLICED HEGARTYS CHEDDAR, HOMEMADE PICALILLI, MAYO AND MIXED LEAVES ON A BAGUETTE. 2, 3, 4, 5, 10
+ CLONALLY FARM ORGANIC BAKED HAM / 2

TUNA BAGUETTE / 9.5

TUNA, MAYO, LEMON, CELERY, SWISS CHEESE AND MIXED LEAVES ON A BAGUETTE. 1, 2, 3

JERK CHICKEN FLATBREAD / 10.5

JERK MARINATED CHICKEN WITH CRUNCHY LIME SLAW & MANGO SALSA ON A WARM FLATBREAD. 2, 3

BUDDHA BOWL / 11

GIANT COUS COUS SALAD, CUCUMBERS WITH EDMAME, PEAS & FETA, HERBY CHERRY TOMATOES, MIXED LEAVES & ROAST SWEET POTATO WITH OUR GREEN GODDESS DRESSING.

+ CHICKEN / 3

ALLERGENS FOUND IN OUR FOOD:

1 - CELERY, 2 - GLUTEN, 3 - EGGS, 4 - MILK, 5 - MUSTARD, 6 - NUTS, 7 - PEANUTS 8 - SESAME, 9 - SOYA, 10 - SULPHUR DIOXIDE

